

Urostomy



What should I expect before I leave hospital?

Once your urostomy has been fashioned, and you have recovered sufficiently and are feeling confident managing your stoma, you will be discharged from hospital. Before you leave hospital, they will ensure that you have:

- all the information booklets you require.
- your prescription exemption certificate (if applicable).
- stoma bags & equipment.
- prescription details & instructions.
- a contact number for your Stoma Nurse & Clinic.
- a discharge booklet; and a letter for your District Nurse and, if required, your local Stoma Nurse. Normal if you have your surgery like me In London as an example, I was discharged to my local stoma team but I have reminded in joint care.